



Montgomery High School Counseling/Guidance News

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News



It's hard to believe that we are already at the mid-point of the year. Seniors are preparing for post-MHS life. Counselors shared a presentation with juniors on the college process and are prepared to meet with them to discuss their plans. A presentation has been posted online for the sophomores about what lies ahead. Freshmen will be re-introduced to Naviance and the many applications it has for them during course selection. They can complete the Learning Styles Inventory on their own. It can provide useful information for their high school years and beyond. Please take some time to familiarize yourselves with Naviance, as it is a valuable tool for all grade levels.

Corie Gaylord,
Director of Student Academic
& Counseling Services



Sometimes you forget that just beyond the clouds the sun is shining.

-Desmond Tutu

When do students request classes for next year and how do they choose their classes?

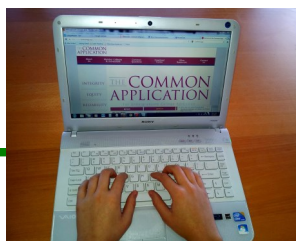
Counselors will begin to meet with students during the week of February 6th, beginning with the junior class and working in succession each week with the sophomores and freshmen. Please review the Program of Studies (available on the MHS Guidance Website: [Program of Studies 2023-24](#)) Please note that teachers and counselors will make scheduling recommendations based on established prerequisites and what is best for your child. If your child does not meet prerequisites for a course or is not recommended by their teacher and still wishes to take the course, they may fill out a waiver application. Waiver applications will be available from teachers only and must be submitted by May 1st to receive consideration. All final waiver decisions will be communicated by June 1st.

*We will be asking students currently in grades 9-11 to input their course requests in Genesis prior to meeting with their counselors. An email will go out very soon for current juniors. There will be a one week window for each grade level to input their requests.



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Juniors and their parents:

On January 10th at noon the counselors provided a virtual presentation for all parents of juniors to review the college search and application process. All of the information presented is now available on the MHS Counseling website if you were unable to attend or wish to review the information. Please remember that one of the most important tools for this process is Naviance.

Please access the presentation on the [Counseling/Guidance website](#).



Reminder for Seniors:

If schools to which you have applied have requested mid-year grades, please request the mid-year grades in Naviance. Make sure to follow all directions.

Don't forget to fill out the graduation survey!

If you think positive thoughts, you'll create a positive world around yourself and attract positive people to you.

- Olivia Newton-John

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Upcoming Events:

January 24th: 2nd semester begins.

January 31st: Grades for semester 1 will be viewable on Parent Resources.

February 6-10 National School Counseling Week. Thank a school counselor for all that they do for our students.

February 6th: Course selection begins for current juniors. Throughout February we will begin course selection for next year, beginning with the junior class, and ending with the rising 9th graders in March.

Scholarships:

Scholarship opportunities offered through the PTSA, SEPTA and United Scholarships are posted on the Counseling/Guidance website. The deadline for these applications is March 16th. So, don't delay. Watch the morning announcements for more information. Seniors, there are many available; you should apply for all scholarships for which you are eligible. Check Naviance for a list of potential scholarships as well as collegescholarships.org

Parents: The most challenging part about scholarships is that they often require students to write an essay. *Please encourage your children to take the time to write these essays. It could be well worth their effort!*

It's FAFSA Time!

The FAFSA is used to apply for federal financial aid; however, many colleges, universities and career schools use your FAFSA information to award state and college aid. The process is free. **Never pay to apply for federal financial aid.**

You will need an FSA ID to "sign" your online FAFSA and make corrections to the application. You can get your FSA ID before you begin or as you complete the FAFSA. Be sure you meet application deadlines. For deadlines as well as additional FAFSA information, visit www.fafsa.ed.gov.

<https://studentaid.ed.gov/sa/fafsa>
OR you may call 1-800-FED-AID

For the 2022-23 school year you will need financial information from 2021.

We are excited to continue our summer programs under the umbrella of SOAR: Montgomery's K-12 summer programs which include our credit courses for high school students. We will once again offer **classes both for credit and for enrichment** in the summer of 2023.

The full, five-credit, classes which will be offered are Geometry and Algebra II. The half, 2.5 credit, course that will be offered is JAVA

Please watch for additional information from the SOAR program that will be available soon.

Registration for these classes will begin in late winter and run through Memorial Day. Any questions can be directed to Monica Clewell, SOAR Supervisor, or Keith Glock, 7-12 SOAR Coordinator at soar@mtsd.us

Municipal Alliance News:

RACE to be Human- The Montgomery Rocky Hill Municipal Alliance along with Somerset County Alliances is pleased to present a virtual screening of the documentary, "RACE to be Human". This thoughtful film addresses the impact of race and racism on mental health through the lens of students, experts, and educators. RTBH explores how to foster healthy conversations about race and racism. Please see the *attached flyer* you can share. Although this is a virtual presentation, if there is interest we could set up a public viewing.

This VIRTUAL documentary screening will be Thursday, February 16th at 7 pm.

The 46 minute film will be followed with a live panel discussion led by Executive Director Scilla Andreen & Jason Craige Harris from the film

Registration link: <https://bit.ly/WHRMAfeb16>

After you register, you will receive a viewing link that you may use for up to 7 days after live presentation.

SAC Corner: The latest happenings from Christine Grossmann

Upcoming events: In March, the students at MHS will be invited to attend Wellness Workshops during their health/physical education classes. Peer 2 and the People Project are collaborating again this year to offer more educationally-focused workshops in addition to the activity-based workshops offered in years passed. Some of the educational offerings will include: "Understanding Mental Wellness", "Disordered Eating", "Mindfulness", "Self-Care", and Outside Resources & Support".

In the Community:

Reach for Recovery Groups are available at Richard Hall Community Center. For more information, call 908-253-3119

Currently the groups open to the community meet on Thursdays –

All Recovery Group: 2-3:00p.m. & Stories of Hope: 7:30-8:30p.m.

If you have any additional questions or concerns, please feel free to reach out to Christine Grossmann, SAC @ cgrossmann@mtsd.us

The People Project: We are always up to something!

Follow us on Instagram: #mhspeopleproject

